

NEWS UPDATE



With the urban season now underway it's good to report that Helen Parkinson was first home in the Woman's Super Vet' class at the Yorkshire Urban League regional event held in Beverley. Husband Robert also secured a top ten finish at the same event.

June will also see two NOC hosted urban/sprint style events with a local event at the University of Nottingham on 9th June and the EMUL event at Clifton on the 30th.

Further details below.

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New Members and Member Achievements:

A very warm welcome back to the club for Richard Beadle after a break of a few years. Look out for Richard in a start-lane soon!

Amy Ransley recently secured the three star Navigation Challenge award for a recent event. It's nice to see Amy out on the courses too.

New Club Kit Being Ordered:

An order is being placed for NOC shirts/tops and jackets to replenish stocks. It may be a few months before these are manufactured and shipped-in from overseas.

In the meantime, if you have a specific request for some kit, please contact Andrew Wallace (clubkit@noc-uk.org) and let him know whether you'd like a top or jacket. Please also indicate the size required.

Final pricing has yet to be confirmed and will be communicated at the earliest opportunity.



Urban / Sprint Training Local Event at Nottingham University:

With the Urban/Sprint season upon us, members can use the upcoming NOC event at Nottingham University as a good training exercise ahead of the regional events at Clifton, <u>Chesterfield</u>, and <u>Lincoln</u> in the coming months. There are also many other urban events in nearby regions.

Ant Squire has planned a couple of excellent courses around the university campus. There will be multiple short individual courses as well as an opportunity to try some team relays. Teams can be assembled on the day so no need to try and find a team in advance! Relays can be a great experience and certainly worth a try. So, be sure to sign-up for the University event (soon, as time is running out!) via The Start Kite. It will be great fun.

NEW MapActive Programme - June/July 2024:

The next iteration of NOC's successful MapActive programme will commence in June. At the time of writing, there were still places available for both the beginner Stage One course as well as Stage Two which will focus on more advanced skills such as visualisation, fine compass work, pacing and understanding contours.

See the course brochure for details. Anyone interested can sign-up now using The Start Kite.

Existing members can access Stage Two for free if they agree to be a Helper during the Stage One sessions. If you are interested in this option, please contact Hilary directly (coaching@noc-uk.org).

EMOA Officials Required:

Volunteer opportunities are currently available on the committee of the East Midlands Orienteering Association. Two roles need to be filled; Treasurer and Vice Chair. Regional clubs have been invited to canvas members for candidates who might like to take on these roles. If you are interested in either of these positions, please contact Pauline Olivant in the first instance (Membership@noc-uk.org).

Recent EM Results:

Hardwick Park (DVO):

This was the last forest event in the EM League before the summer and the various Urban/Sprint events coming up. Thankfully the ground had dried following a prolonged wet spell, but that left some areas rutted and challenging to negotiate depending on route choice decisions.

There were top ten finishes for Victoria Hanman, Tim Booker and Mick Lucking. Elodie Booker came third on the White course. See the RouteGadget page for some of the route choices made.

Upcoming Events:

Mid-week non-competitive activities roughly every two weeks. See <u>Bassetlaw District Orienteers</u> or keep a lookout on our Facebook page.

DVO are running local events over the coming months.

The LEI Summer Series runs mid-week until mid August.

June 9 - Nottingham University, Local Sprint Event. Sign-up now.

June 22 - Birmingham University - British Sprint Relay Championships

June 30 - Clifton, Nottingham, EM Urban League

June 15th - Belvoir Castle Score Course Event. This event is being staged by Belvoir Cricket & Countryside Trust as part of its Fun Day Festival and is being actively supported by LEI. Score courses are great fun and ideal for both newcomers and experienced orienteers. See the event flyer for further details or take a look at the Trust's website.

There are numerous other events taking place in neighbouring regions. Take a look at the <u>British</u> <u>Orienteering website</u> for details.

Club Publicity/Instagram:

The club is considering opening an Instagram account to run alongside Facebook. Ideally, this would be managed by a member who is already familiar with Instagram and a regular social media user. Social channels are an important communication vehicle for the club and it's recognised that the club would benefit from greater focus and expertise in this area.

If you are a confident social media user, please consider taking-on this role for the club. The wider publicity and communication function can be reviewed to accommodate the needs of someone able to manage the social media aspect. If you are interested in this role please drop a line to Development@noc-uk.org in the first instance.

Training for Event Officials:

The pool of existing Planners & Organisers needs to expand in order to ease the load on the few members who currently fulfill these roles. If the club is unable to do this it is likely that we'll be unable to run events every month as we do now. This would obviously limit orienteering opportunities for members and affect NOC's contribution to the wider EMOA leagues.



A training day has been set for 12th October which will introduce members to the processes involved in planning and organising an event. These will be separate courses delivered in a face-to-face environment. (As an aside, there will also be a Mapper's Workshop for those with some previous mapping experience).

Once you have participated in one of these courses, you'll then be allocated a mentor to work with you as you tackle your first event. This help and guidance will be available well into the future until you are comfortable with the process. The aim is to make organising and planning an event an enjoyable experience that provides much in the way of orienteering personal development. You will not be left alone to cope on your own!

Please consider stepping forward for one of these courses. It will help secure the progress of the club into the future and help ease the load on the small team who currently organise and plan events for the club. Please contact Pauline Olivant for more information Membership@noc-uk.org.

Status of future NOC Events & Activities:

Here's a summary of NOC events & activities being considered. Obviously, much depends on obtaining permissions and securing the support of key event officials:

Bassetlaw District Orienteers: Between April and September (once or twice per month (except August)).

MapActive: June 15 & 22, July 6 & 13 (CONFIRMED)

June 9 2024 - Local urban/sprint - University of Nottingham (CONFIRMED)

June 30 2024 - EM Urban League - Clifton (CONFIRMED)

July 21 2024 - Local event at Wollaton Hall (CONFIRMED)

Sep 8 2024 - Local event at Rushcliffe Country Park (to be confirmed)

Oct 6 2024 - UKUL and EM Urban League - Nottingham (CONFIRMED)

Nov 17 2024 - EM League - Shirebrook (CONFIRMED)

Dec 22 2024, EM League - Walesby (CONFIRMED)

For 2025:

Feb' 23 2025: CompassSport Cup Heat - Clumber park (in progress)

July 12 2025: Euro City Race - Nottingham (in progress)

Keep an eye on the <u>Fixtures page of the NOC website</u> for the latest status and enjoy your summer orienteering!